



The Advocacy Course

Educate legislators on the value of family medicine, and encourage them to support expansion of a well-trained family medicine workforce. This course has been taken by over 3,000 family medicine educators and residents, and the updated version includes a new module on state and local advocacy.

The Milestones 2.0 include more robust requirements for Advocacy competencies. This course will help residents achieve level four of the Advocacy subcompetency.

The online course, which takes a little over an hour to complete, provides skills and practical strategies for governmental advocacy and promoting the value of family medicine. A certificate is available upon completion of the course. If you get interrupted during a module, you can pause it and resume at any time.

The Advocacy Course is FREE to all.



Leading Change Course

Learn to lead change in your institution, within your community, and nationally. The Leading Change Course covers how to assess the need for change, develop a plan for change, and provide successful change leadership. This online course contains interactive modules, a downloadable Leading Change Workbook for individual learners, 18 optional group activities, and video interviews with change leaders.

The Leading Change Course takes approximately 3 hours to complete and consists of 3 parts:

- Assessing the Need for Change
- Developing the Plan for Change
- Successful Change Leadership

The Leading Change Course is FREE to all.



Understanding Health Systems Course

These online courses and resources were compiled and developed by an STFM task force to help faculty and residents understand how decisions are made in health systems and advocate for business-based solutions that incorporate the needs of medical education, family medicine, and health systems.

These courses sessions cover:

- Advocating Within Your Health System
- Analyzing Health System Data
- The Business of Medicine
- Systems and Structure
- Health Systems Finance
- Educating Residents and Students About Health Systems

The Understanding Health Systems Course is FREE to all.



Reducing Mental Health Stigma Toolkit

Questions on state licensing applications and those used for hospital, medical group, and health plan credentialing should not deter physicians, faculty, residents, and students from getting the care they need. Use these resources to learn more and advocate for change. This toolkit includes:

- The Mental Health Myth
- Policies and Positions
- Papers
- Legislation
- Plans
- Social Media Assets
- and Additional Resources

The Reducing Mental Health Toolkit is FREE to all.

